

HOW TO PRAY THE HOLY ROSARY

The Holy Rosary helps you think of important times in the lives of Jesus and Mary. These are called **Mysteries** and are divided into four groups:

- **The Five Joyful Mysteries**
- **The Five Sorrowful Mysteries**
- **The Five Glorious Mysteries**
- **The Five Luminous Mysteries**

Make the Sign of the Cross. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Apostles' Creed (say while holding the Crucifix)

I believe in God, the Father almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, and born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; on the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Our Father (say on the 1st bead and each bead before the groups of the Hail Mary)

Our Father, who art in Heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

Hail Mary (say on the next three beads)

Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be (say after each 10 Hail Mary groups while holding the Rosary chain)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen. After each Glory Be, say: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy.

Hail, Holy Queen (say after the last O my Jesus prayer)

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to Thee do we cry, poor banished children of Eve; to Thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate, Thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary, pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Ending Prayer

O God, whose only begotten Son by His life, death, and resurrection has purchased for us the rewards of eternal life. Grant we beseech Thee that by meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same Christ our Lord, Amen. And may the Divine assistance remain always with us, and may the souls of all the faithfully departed through the Mercy of God rest in peace. Amen.

Finishing Prayer

Our Father, Hail Mary, and Glory Be for the intentions of the Pope.

The Joyful
Mysteries are
prayed on
MONDAYS
and
SATURDAYS



The Visitation

Description of the Joyful Mysteries:

1. The Angel Gabriel asked Mary to be the Mother of Jesus.
2. Mary visited her cousin Elizabeth. Elizabeth's baby (St. John the Baptist) jumped for joy in her tummy.
3. Mary gave birth to Jesus in a manger.
4. Joseph and Mary took Jesus to the temple and St. Simeon knew Jesus was our Lord and Savior.
5. Joseph and Mary thought Jesus was lost. They found him teaching in the temple.



The Annunciation



The Birth of Baby Jesus



Finding the Child Jesus in the Temple



The Presentation of Jesus in the Temple



The Joyful Mysteries

help you think of Mary's joy when Jesus was born